



## ***“Who is that in the Mirror?”***

### ***Understanding Alzheimer’s and Cognitive Decline***

**A workshop for family caregivers**

**Saturday, January 21, February 18, March 18**

**From 9:30AM – 12:00PM**

## **Home Care Assistance**

**13395 Voyager Pkwy**

### **January 21:**

**What is Dementia  
What to expect at  
each stage**

### **February 18:**

**Why do they do that?  
Tips for working with  
behaviors**

### **March 18:**

**How to speak  
to Dementia  
Communication Tips**



**Call to reserve your seat.**

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